

COURSE OUTLINE

PROGRAM: Mental Retardation Counsellor Program

COURSE TITLE: Activities for the Mentally Retarded

COURSE NO.: MRC114-

INSTRUCTOR: Ed Finn

DATE: January 198^

Course Description:

This field-based course is designed to give the student the functional skills to interact with the developmentally handicapped person in a one-to-one, small and large group setting.

Course Goalia:

1. To maximize the opportunities for individual program planning, small and large group activities.
2. To provide a process to facilitate the student learner toward being an effective staff member.
3. To enhance the M.R.C.'s understanding of the need for and philosophy of leisure time and creation.

Course Objectives:

1. The learner will demonstrate his/her ability to carry out an individual program plan related to fine/gross motor skills, sv'imraing, dressing and undressing.
2. The student will demonstrate progress toward a leadership role, progress toward being a co-operative team member through an experimental learning model.
3. The MRC will demonstrate and verbalize adapting specific activities to meet the limitations of an individual or group.

Methodology:

1. Field-based instruction: in which the student will practice a "learn by doing" approach.
2. Lectures: in which the instructor will discuss concepts related to activities for the M.R., i.e., age appropriateness, normalization, charting, leadership, etcetera.
3. Video tapes, films, guest lectures, articles: in which the student will be responsible for notes taken or material presented.

4. Any other methods or materials deemed by the instructor to be necessary to enable the class and/or the individual to reach the course objectives, i.e.; YMCA Swim Meet, Play Day, Floor Hockey, etcetera.

Texts: (suggested)

The New Game Book

Developmental Motor and Play Skills - Free Play, Organized Play and Games for the Handicapped

Becoming Aware - A Handbook for Leaders Working with Disabled Children

Motivating the Disabled through Creative Art

Children with Special Needs - A Manual of Canadian Resources

Discovery - Guidelines for Establishing an Outdoor Education Program

Music for Fun - Music for Learning

Evaluation:

1. Regular attendance and participation in class.
2. Responsible for notes and reading assignments as well as notes from audio or video tapes.
3. Mid-term and final exam will be given,
4. Individual conferences will be held and a grade will be arrived at.

EVALUATION OF COURSES IS SUBJECT TO CHANGE]